



The Family Fridge



APRIL 2007

APRIL MENU

Thursday 4/5

3PM Prayer Gathering
North Broad Street

Tuesday 4/10

3PM Prayer Gathering
Spruce Street

Thursday 4/12

3PM Prayer Gathering
Sanctuary

Tuesday 4/17

3PM Prayer Gathering
Bainbridge Street

Thursday 4/19

11AM- 1PM
Community Life Council Retreat
1630 South Street

Tuesday 4/24

3PM Prayer Gathering
Spruce Street

Wednesday 4/25

6-8PM No Barriers Dinner
Broad Street Ministry
315 South Broad Street

Thursday 4/26

3PM Prayer Gathering
Sanctuary

Around the Neighborhood From My Brothers' House

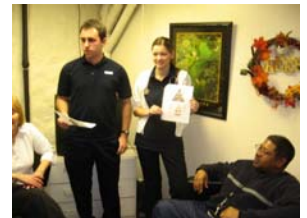
Case worker Kate Colameco writes: "MBH staff and residents had a wonderful time at the annual St. Patrick's Day party. We celebrated the holiday with everything from Hamburger 'Patties' to Irish trivia. Jessica, our fabulous Irish intern, even taught the men some Irish dance steps!"



Joe, Jessica, Ahmed, and Ralph show the old adage to be true: reen sequins and crazy hats are the marks of the truly Irish! At left, Rodney dances a jig!

From Bainbridge House

There is a lot of activity at 700 S. 15th Street! Addie Toleno, a longtime volunteer, and 3rd grade teacher brought some of her students and co-workers to celebrate the house's March birthdays. Medford Middle School students visited, LaSalle senior student nurses Tom and Teresa taught sessions on "Health Promotion, Disease Prevention," and Program Coordinator Rev. Mosley continued his Friday afternoon Bible Study group with some of the men.



The Friday Bible Study group

LaSalle Student nurses talk about controlling blood pressure

Not only was March a busy time, but Rev. Mosley has fun already planned for April! Four of the men will be attending the Phillies game on April 5th to cheer on the home team (who are also some of our biggest supporters)!

Our Brothers' Place enjoys warm Midwestern Charm!

Volunteers from Michigan State University and Grinnell College in Iowa visited Our Brothers' Place in March. These groups of intrepid Midwesterners helped to clean out the parking lot, serve food, and all-around spread their irrepressible cheer. It worked! Thank you so much, you guys! Come back next year!



< Students from MSU's St. Peter's Student Parish helped from March 5-8
>Grinnell College students on an alternative Spring Break from the wilds of Iowa helped on March 26th and 28th





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The Community Life Council Retreat

The Community Life Council had its annual retreat on March 15th, 2007. Residents from Sanctuary, My Brothers' House, North Broad, Bainbridge, and Domenic House attended this day-long seminar of discussion and relaxation. They explored the history and causes of homelessness, Bethesda Project's own response to issues of homelessness and poverty, and most importantly, they discussed their own role in the Bethesda mission. The mission statement that came out of this wonderful retreat is as follows, and says it all:

Mission Statement

The Community Life Council acts as a bridge between the Bethesda Project houses and the main office. We assist and motivate each other, and address issues affecting Bethesda Project and the larger community. Because we care, and because we CAN!



From the left, Sister Kathleen Waugh, Nora Spriggs, Sanctuary representatives Jackie L. Welch and Terrence Cooper, North Broad representative Sylvia Hill, MBH representative John Murrell, Domenic House representative Greg Hart, North Broad representative Cheryl Hobbs, and Bainbridge representative Allen Brown



Happy Birthday to: Louis Hagans 4/1, Donna Stewart 4/2, Beth Palubinsky 4/3, James McShane, 4/4, Janice K. Lee 4/6, Dennis Moss 4/9, Anthony James 4/11, Tracy Lawrence 4/11, Angelo Sgro 4/14, Troy Jackson 4/15, Sarah Atkins 4/17, Harold Brown 4/22, Brenda Douglas 4/29,

Welcome to New Hires: Valena Tull, Rodman Crump and Spencer King!





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Staff Trainings a Success!

Over the past month, our staff members have participated in trainings on understanding homelessness, communication and anger management. The staff members who attended made very positive comments and expressed appreciation for the opportunity to see fellow staffers from other sites. One staff member wrote that “it was good to hear different views and see how other people care.” Another said, “I enjoyed working together as one and understanding each other better.”



This might look bad, but it's anger management role play in action!



BETHESDA NEEDS!

As always, we are in constant need of

- **Coffee**
- **Creamer**
- **Sugar and artificial sweetener packets**
- **Men's underwear and**
- **Twin-sized fitted sheets for our shelters and residences.**

Additionally: we have a special request for tickets to see the King Tut exhibit at the Franklin Institute. The ancient Egyptian king is visiting Philadelphia for a while, and many of our residents would love to get in a visit while he's here. The only problem is that even with a group discount, the \$25 is still a bit steep for most of our residents.



If you are interested in offering some of our residents and guests the chance to see this amazing exhibit, please contact Nora Spriggs at nspriggs@bethesdaproject.org or at 215-985-1600 x 16.