



The Family Fridge

MARCH 2006



MARCH MENU

Thursday 3/2

3PM Prayer Gathering
North Broad

Tuesday 3/7

3PM Prayer Gathering
Spruce Street

Thursday 3/9

3PM 12-Step Prayer
Gathering Sanctuary

Tuesday 3/14

3PM Prayer Gathering
Bainbridge Street

Thursday 3/16

3PM Prayer Gathering
North Broad

Tuesday 3/21

3PM Prayer Gathering
Spruce Street

Thursday 3/23

11AM Community Life Council
Meeting
1630 Admin Office

3PM 12-Step Prayer Gathering
Sanctuary

Tuesday 3/28

3PM Prayer Gathering
Bainbridge Street

7PM Young Volunteers Recognition Night

Old First Reformed Church

Thursday 3/30

3PM Prayer Gathering
North Broad

TEAM BETHESDA #96 INVITES YOU To Walk Against Hunger

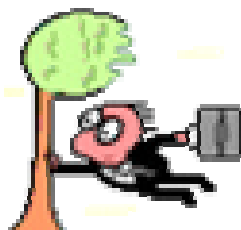
On Saturday, April 8, from 9:30 AM Bethesda staff, residents, shelter guests, volunteers and friends will join this annual fun(d) raiser to fight hunger and poverty in our city. *Walk the Walk with Bethesda: join us on April 8th as a participant and/or sponsor.*

To sign up as a walker or sponsor for Team Bethesda #96, call Kate Colameco at 215-545-3011 or email her for information at kcolameco@bethesdaproject.org.



Young Volunteers Recognition Night

On Tuesday March 28th from 7 until 8:30 PM at Old First Reformed Church (4th and Race Streets) Bethesda will honor its young volunteers who have faithfully provided cookies, dinners, Valentine cards, peanut butter and jelly sandwiches, scones, spaghetti casseroles, underwear and lots and lots of fun for our residents and shelter guests. From elementary to high school these young volunteers, with their teachers and parents, have put the finishing touch on our family spirit. Join us to say "thank you" to our dedicated young members.



March Winds are blowing in a raft of Bethesda Birthdays:

Our greetings and best wishes to James Whittaker 3/3, Peter Fuller 3/4, Eleanor Dorsey 3/8, JC Buford 3/11, Lapereas Salter 3/19, Oscar McMickens 3/20, Kevin Jackson 3/22, Mumin Abdul-Haqq 3/23, Marquita Wright, 3/25, Wayne Davis 3/28, and Harry McLaughlin 3/31!

And a **Warm Welcome** to new staff members: Paige Anderson, Wayne Davis, James McClellan, Gerome McDonald, James Mitchell, Lapereas Salter, Arnold Shedrick, Ruby Shedrick and Blake Strawbridge.





The Family Fridge



MARCH 2006—Page 2

Bethesda Council Sounds Retreat

The Community Life Council attended its annual planning retreat on February 15th at the Sisters of Mercy ‘Cranaleith’ retreat house.

Three special projects for 2006 are:

1. Promoting Philly Pharms Days – opportunities for our residents to spend one day a week working in an organic vegetable garden.

Main obstacle – we need volunteer drivers on Thursdays during the spring and summer.

2. Increase the number of cultural and sports activities for our residents.

Main obstacle – getting free or discounted tickets to sports events.

3. Increase the number of religious and civic groups which collect Christmas presents for our residents.

Main obstacle – Donor fatigue: most groups are already doing all they can.

The Community Life Council consists of representatives of each of Bethesda’s communities. We meet monthly to plan, facilitate and evaluate Bethesda’s community life activities. Our goal is to make our houses into homes.

Around and About Bethesda



Bethesda Project welcomes LaSalle senior nursing students Katie Gettings, Kristin Smith, David Artz and Jese Werdmann who have joined us this semester for their public health nursing experience. They are working under the direction Ms. Joann Schluckabler at Bethesda Bainbridge, Bethesda North Broad Street and Sanctuary until April 5th.



Representing Community College, Arlene Wright is providing nutrition education (including meal planning, shopping and preparation) at Sanctuary and other sites; and at Our Brothers’ Place

Tasha Willoughby is working with Ready to Work, Gracie Robinson is working with Bob Hayes, and Diamond Williams is working in the Day Room.

Naomi Jones, Bethesda’s very own nurse, has established a Prostate Education Program for African American men. Thomas Jefferson Hospital is sponsoring this program of 2 two-hour informational sessions for 30 of our men.

Last month we asked for your help getting books for the Book Club at Our Brothers’ Place. Thank you, Dick Canel, for your generous response! Sister Kathleen has put in another book club request – this time for Bainbridge Street -- for 10 paperbacks of *Raisin In The Sun*. Anyone else out there who can help us?





The Family Fridge



MARCH 2006—Page 3

A Happy Valentine's Day at Bethesda Project

Drawing inspiration from Our Brothers' Place, the staff at our 1630 Admin Office hosted a covered dish Valentine's Day luncheon for the residents of the Domenic and Mary houses.



Everyone agreed that this kind of thing is too much fun to do just once a year. Plans are already underway for a summer barbecue follow-up!!

In the midst of our Valentine smorgasbord, newest members Beth Palubinsky and Tina Pagotto received the Bethesda Medal, in recognition of their affiliation and commitment to Bethesda's mission and work. Congratulations, Beth and Tina!



Other Valentine Events:

Waldron Mercy Academy's 4th grade delivered cookies, cards and love to the residents of Bethesda's residences and MBH's **Michael Jefferson, Ralph Montgomery, Rodney Lynch, John Murrell and Manuel Rodriguez** made Valentine cookies with **Kate Calameco** and delivered them to the other houses.

OBP staff celebrated their first annual 'Love Day' on the 14th with staff treating one another to a covered dish luncheon.

At **North Broad Street** the annual Valentine's Day party and Dinner was postponed to February 21st when **Mary Ann Flynn** and her troop of Valentines delivered and served a special dinner for the residents.



820 S 47th Street · Philadelphia, PA 19143 · (215) 727-8247

Back by Popular Demand – Sunday Brunch – April 30

If you couldn't make it to West Philadelphia in the snowstorm on February 12, you'll have one more chance to enjoy the fabulous Abbraccio brunch and watch our Executive Chef, Angelo Sgro, do his famous waffles.

“Ciao” down on a full breakfast with all the fixings, including those famous waffles with strawberry and blueberry toppings. All you can eat and all the juice and fresh coffee you can drink! And all for only \$10.95 (\$6.95 for kids).

Thanks to our generous friends Roger, Duane and Vince of Abbraccio, Bethesda Project will reap 5% of the brunch proceeds. Call Beth or Tina at Bethesda for information (215-985-1600) or call Abbraccio for reservations.